

## Your Functional Genomics DNA Saliva and Buccal Swab Test Kit Functional Genomic Analysis Software NutriGenetic Research Institute

## What healthcare practitioners need to know?

**Disclaimer**: The Your Functional Genomics DNA Test Kit is not a medical test and is not covered by insurance. Results from the Your Functional Genomic DNA Test Kit cannot be used to diagnose disease or health conditions and is for informational and educational purposes only.

The Your Functional Genomics DNA Test Kit does not cover your entire genome and does not include ancestry information.

## YOUR FUNCTIONAL GENOMICS DNA TEST KITS

#### What does the Your Functional Genomics (YFG) DNA Test Kit offer?

• YFG offers a private approach to easily investigate influential DNA genes and pathway function. Customized specifically for assessing functional genomic nutritional processes in one's unique genetic pattern and the relationships between researched-based genetic variants known as SNPs-single nucleotide polymorphisms, presenting symptoms, and labs.

All sales of the Your Functional Genomics DNA Saliva or Buccal Swab test kits are FINAL. We do not offer refunds on Your Functional Genomics DNA Saliva or Buccal Swab test kits.

#### How does a practitioner order YFG test kits for a client/patient?

- YFG saliva or buccal swab test kits can only be ordered by a practitioner with an active subscription plan to the **Functional Genomic Analysis™ (FGA)** proprietary cloud-based software program. This software empowers practitioners to look deeper into SNP potential and how to support with precision nutrition for optimal outcomes.
- We do not offer expedited shipping, so please plan accordingly.
- Refer to the section below, How Do I Order a Your Functional Genomics Test Kit?

#### What is the cost of the Your Functional Genomics DNA test kit?

- Cost is \$229\* for a saliva DNA Test Kit or \$265\* for a buccal swab DNA Test Kit.
  - This wholesale kit cost includes the shipping costs (to client/patient and return to the lab for testing), direct upload from the lab to the client/patient file and will give practitioners access to reports and all of the dynamic features and updates per client-with a paid monthly subscription of \$25 to the FGA software program. All other charges are at the discretion of the practitioner (\*e.g., consultation fees, markups, etc.).

## What is your refund policy?

Test kits are non-refundable. Our straightforward refund policy is designed to protect the integrity of our test kits and the client/patient privacy. Before making a final decision, it is imperative that practitioners and their clients/patients are aware of our policy.
 Once opened, a test kit cannot be re-sold or transferred. Please read through our YFG Replacement and Exchanges Policy thoroughly to understand additional costs should you need to replace or exchange a kit. We also recommend reading through our instructions carefully, prior to collecting samples.

## How do I know what collection apparatus to order for my client?

- Saliva DNA Test Kit \$229 We recommend that clients/patients practice collecting one tablespoon of liquid saliva (w/o bubbles) within 30-minutes prior to ordering a kit due to our non-refund policy. Please have all clients/patients read the instructions inside the test kit box prior to beginning the collection steps.
- **Buccal Swab DNA Test Kit \$265** Often recommend for children or adults who are not able to produce enough saliva for the tube collection.

#### Does the Your Functional Genomics DNA test kit include Ancestry Data?

• No, the Your Functional Genomics DNA test kit does not include any ancestry information.

#### Who manufactures the Your Functional Genomics DNA Test Kit?

- Our custom chip is manufactured by Thermo Fisher.
- The kits/saliva samples are mailed to and processed through Rutgers University RUCDR Infinite Biologics, a.k.a. SAMPLED, located in New Jersey.

#### How did you determine what SNPs to include in the chip?

• The Your Functional Genomics DNA Test Kit (v2) includes approximately 260,000 SNPs. We live and function at the cellular level. Functional genomics provides insight as to how your DNA impacts enzymatic activity and function throughout the body and how this may serve as a roadblock to optimal wellness. By addressing imbalances that may cause inflammation, poor detoxification, mitochondrial dysfunction, and much more, we are able to offer nutritional support to compensate where function is potentially impaired.

#### How do I know my client's data is safe?

- Our goal in building this completely custom array is to ensure control of the content. This allowed us to provide a safeguard so that the data is never be sold.
- The lab eliminates any personal data associated to the barcode.
  - Anyone who orders a kit may use a different name to further protect their identity.
- Clients/Patients may opt to have their sample destroyed at the lab by emailing contact@FGAnalysis.com.

# How do the results of the Your Functional Genomics DNA test kit get added to the Functional Genomic Analysis software?

- The results of the Your Functional Genomics DNA test kit are automatically uploaded to the clients account located in a FGA practitioner's portal via their individual barcode.
  - It is imperative the barcode associated with the Your Functional Genomics DNA test kit is handled carefully and accurately when registered to a client.

## How long does it take for the results to become available?

• Allow 6-12 weeks from the date the kit arrives at the lab for the results to be uploaded to a client/patient file.

## What does a terminal failure mean, and how is this handled?

- A sample may fail concordance for several reasons. It is not understood why some samples are difficult to analyze and others pass with no issues. The lab makes two attempts to provide accurate results, however, if it fails the second time, then it is classified as 'terminal failure'. The client may repeat the test for free.
- Should there be a second failure, the client/patient will absorb the cost with the understanding it may fail again.

## What reports are provided?

- **Practitioner reports**: FGA dynamic features include highlighted interactive pathway maps focusing on an individual's complex genomic presentation, an unprecedented Pyramid approach to address in the proper order, and the ability to compound customized supplementation without excipients or fillers.
- **Client/Patient reports**: can be published by the practitioner to be visible to the client within the client portal. Client/Patient reports do not provide as much details as the practitioner's reports.
- The Pyramid and Pathway Maps are not publishable to the clients/patients.

## Can the raw data be downloaded?

• Yes, YFG raw data can be downloaded. It is not recommended to print this file.

## How Do I Order a Your Functional Genomics Test Kit?

- YFG Saliva and Buccal Swab DNA Test Kits are available for order by practitioners only through Functional Genomic Analysis (<u>www.functionalgenomicanalysis.com</u>).
  - When using the Functional Genomic Analysis website, please only use Google Chrome as your internet browser.
- Ordering through the practitioner portal allows kits to be sent to your office or directly to your clients. (read through all of our How To Guides for further instructions)
  - A client must be added to the practitioner portal and a client portal must be set up so your client/patient can log in to agree to the Terms of Use and Consent to Use legal documents.
    See updated instructions (How-To-Guides) in the News and Update section upon signing in.
- International Orders: currently all international orders are to be placed by emailing contact@FGAnalysis.com. Please indicate you would like to place an international order and we will

send further instructions. Discover, Visa, MasterCard, American Express are accepted for payment through Square Up.

## I am a practitioner; how do I request an account with Functional Genomic Analysis so that I can order a Your Functional Genomics DNA Test Kit?

- To request and set up an account please visit our website at **www.functionalgenomicanalysis.com** and click on '**Practitioners'**, then click on, '**Request an Account**' from the home page.
  - From there, fill out the application form with all the necessary information and click 'Submit' (The email you enter will be used as your Username upon sign-in and will print out on your reports, however you may change your Username once in the Practitioner Portal).
  - Once your account has been approved you will receive an email\* with a link to Confirm Your Account - \*Make sure to also check your spam folder for this email.
  - Click 'Confirm Your Account' to finish setting up your account after reading the provided information about our services.
  - From there, fill out all the necessary information on the screen and click 'Next Step' Passwords must be complex and consist of a capital letter, a lower-case letter, a symbol (a period does not count), and numbers (e.g. MGAmh&1234).
  - Confirm Your Details, please ensure that all your information is entered in correctly and click 'FINISH'.
  - You will then be taken to your Practitioner Portal page where you can order Your Functional Genomics DNA test kits (please read through all How to Guides for further instructions). If you are ordering in bulk for your office, please read the first How to Guide.

## What should my client expect when submitting a sample?

- Once you have placed an order for a Your Functional Genomics DNA test kit through the Functional Genomic Analysis website, your client will receive their test kit in the mail within 5-7 business days.
- The kit will include registration instructions which will allow the client to register their barcode and sign the Consent Form and Terms of Use through the Client Portal.
  - Please have your clients read all directions carefully.
    - DO NOT eat, drink, smoke, brush teeth or chew gum for 30 minutes before collecting the sample.
    - All saliva must be collected within 30-min.
  - Freezing or icing the sample prior to sending is not required or recommended. It is very stable once the preservative is mixed with the saliva solution.
- Before your client mails their sample to the lab, they will need to remove the Your Functional Genomics colorful logo sleeve wrapped tightly around the box.
  - The plain white box containing the collection tube and instructions will have a prepaid return label applied\* to it that includes the labs address to ship back to the lab\*.
    - \*This does not apply to International Orders: The label provided is NOT valid on international orders. If your client is shipping internationally back to the USA, they must go to a courier of their choice and they will be responsible for filling out the customs form and shipping back to the lab in New Jersey.
- Results will take 6-12 weeks from the time it arrives to the lab to complete.

• An email will be sent informing you and the client that the results have been uploaded into the client's/patient's file.

Practitioners may contact us at <u>contact@FGAnalysis.com</u>. All clients/patients are instructed to contact their practitioner for assistance.

## How do I order the Functional Genomic Nutrition supplement line?

We are pleased to announce that Compounded Nutrients is now fulfilling the Functional Genomic Nutrition product line.

- You may create a professional account with Compounded Nutrients at <u>www.freedomtoformulate.com</u>. Click on **Compounded Nutrients**, then on **Register Now.**
- Compounded Nutrients/Functional Genomic Nutrition

Phone number: 541-549-0333 Address: 68994 North Pine Street P.O. Box 2436 Sisters, Oregon 97759 Email: <a href="mailto:support@compoundednutrients.com">support@compoundednutrients.com</a> Business hours: Mon. - Fri. 8:00am - 4:30pm PST

# How do I learn more and sign up for the Functional Genomic Online Certification Course through the NutriGenetic Research Institute?

- Visit <a href="https://nutrigenetic research.talentlms.com/index">https://nutrigenetic research.talentlms.com/index</a> to sign up for an account and view the first 3 modules free. You may also access this site through <a href="https://www.functionalgenomicanlaysis.com">www.functionalgenomicanlaysis.com</a> home page (in the About Us section, click on Online Certification Course Training link).
- Offering you the first three modules for *free* so you may determine if this is right for you.
- A comprehensive course designed to educate practitioners so they may become more proficient in functional genetic nutrition.
- Learn at your own pace.
- You will be listed in the Find a Practitioner section on the Functional Genomic Analysis website in your respective state to drive leads to your practice once you are certified.
- This online certification course is designed to teach health professionals how to incorporate functional genomic nutrition into their practice. Become an expert in understanding how genetic variants in pathways may compromise critical functions in the body and how to take a scientific-based, systematic approach to provide nutritional support.

## New users:

## Go to https://nutrigeneticresearch.talentlms.com/index

To create an account and begin the **Functional Genomics Online Certification Course**:

- 1. Select "Sign up".
- 2. Enter required information.

3. Select a username and password of your choice (it may match your username and password to FGA if an account has been set up).

This online course is designed to give you the information you need to begin your journey to provide nutritional and lifestyle coaching based upon an individual's genetic pathways/patterns, labs and symptoms. You will have to listen to each module in the order they are presented and complete the test at the end in order to receive certification. Our goal is to educate practitioners around the country about the ins and outs of genetic nutrition to help their patients and clients like never before. We are providing Modules 1-3 at no charge and no further obligation if you decide it's not for you. After you listen to these first three modules, you will understand how this will work for you. If, after completing these you decide that this program is not for you, you can end your training with no obligation and at no charge. If you choose to complete the course and become certified, we offer the balance of the educational modules (4 through 23) for just \$595.00.

We look forward to working with you. Call **717.466.5700** or email <u>contact@FGAnalysis.com</u>